

# ***“I’m tired of sitting – I want to Walk”***

**Acts 14:8**

**WALK-** *Walk is often used in Scripture for conduct in life, general demeanor, and behavior.*

*To "walk according to the flesh" (Rom 8:4; / 2 Peter 2:10) is to gratify the carnal desires, to yield to fleshly appetites, and to be obedient to the lusts of the flesh.*

*To "walk by the Spirit" (Gal 5:16) is to be guided and aided by the Holy Spirit, the active and animating principle of the Christian life.*

***The way we walk says something – The areas we walk in spiritually does something.***

## **What are some areas we need to walk in:**

1. **Confidence-** *(In God – for me & others)*
2. **Obedience-** *(To God – for me & others)*
3. **Authority-** *(Through God – for me & others)*
4. **Belief-** *(In God & His Word – for me & others)*
5. **Spiritual areas-** *(Through God – for me & others)* a. Church b. Worship  
c. prayer d. reading the Word e. praying for and with others.

## **Why don't we walk in new areas:**

1. It takes effort and discipline- *(doing what you don't want- to accomplish what you do want)*
2. We worry what others might think
3. Sometimes it's easier to sit than walk (but it's also easier to get left behind)
4. It's a constant battle & it hurts to fall

## **Conclusion:**

***“Although we may be comfortable with sitting- Walking in new areas is not a***